## WHAT IS CLAIMED IS:

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1. A magnetoresistive element comprising a multilayer film configuration comprising: a tunnel insulation layer; and a pair of magnetic layers that are laminated with the tunnel insulation layer interposed therebetween,

wherein a resistance value of the magnetoresistive element varies with a relative angle between magnetic orientations of both of the magnetic layers, and

at least one of the magnetic layers comprises a magnetic film having a thermal expansion coefficient not greater than a value obtained by adding  $2 \times 10^{-6}$ /K to a thermal expansion coefficient of the tunnel insulation layer.

- 2. The magnetoresistive element according to claim 1, wherein the thermal expansion coefficient of the magnetic film is not greater than the thermal expansion coefficient of the tunnel insulation layer.
  - 3. The magnetoresistive element according to claim 1, wherein the magnetic film is in contact with the tunnel insulation layer.
  - 4. The magnetoresistive element according to claim 1, wherein the tunnel insulation layer comprises at least one compound selected from the group consisting of an oxide, a nitride and an oxynitride of Al.
- 5. The magnetoresistive element according to claim 1, wherein the magnetic film comprises an invar alloy.
  - 6. The magnetoresistive element according to claim 1, wherein the magnetic film comprises an amorphous alloy containing Fe as a main component.
  - 7. The magnetoresistive element according to claim 5, wherein the invar alloy has a composition represented by the formula Fe<sub>x</sub>-Ni<sub>y</sub>-Co<sub>z</sub>,

where, in the formula  $Fe_x$ - $Ni_y$ - $Co_z$ , x, y and z are numbers satisfying the following relationships:

$$x + y + z = 1,$$

$$0.5 \le x \le 0.7$$
,

 $0.3 \le y \le 0.45$ , and  $0 \le z \le 0.2$ .

8. The magnetoresistive element according to claim 5, wherein the invar alloy has a composition represented by the formula Fe<sub>1-a</sub>-Pt<sub>a</sub>,

where, in the formula Fe<sub>1-a</sub>-Pt<sub>a</sub>, a is a number satisfying the following relationship:

 $0.15 \le a \le 0.45$ .

10 9. The magnetoresistive element according to claim 5, wherein the invar alloy has a composition represented by the formula Fe<sub>1-b</sub>-Pd<sub>b</sub>,

where, in the formula  $Fe_{1-b}-Pd_b$ , b is a number satisfying the following relationship:

 $0.2 \le b \le 0.45$ .

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10. The magnetoresistive element according to claim 6, wherein the amorphous alloy has a composition represented by the formula  $Fe_{1-c}-M_c$ ,

where, in the formula  $Fe_{1-c}$ - $M_c$ , M denotes at least one element selected from the group consisting of B, P, Si, Zr and Hf, and

c is a number satisfying the following relationship:

 $0.05 \le c \le 0.3$ .

11. The magnetoresistive element according to claim 1, further comprising an antiferromagnetic layer.

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12. The magnetoresistive element according to claim 11, wherein the antiferromagnetic layer comprises Mn.

13. A magnetic head, comprising:

the magnetoresistive element according to claim 1; and

a shield for restricting introduction of a magnetic field other than a magnetic field to be detected by the magnetoresistive element into the magnetoresistive element.

35 14. A magnetic head, comprising:

the magnetoresistive element according to claim 1; and a yoke for introducing a magnetic field to be detected by the

magnetoresistive element to the magnetoresistive element.

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- 15. A magnetic memory, comprising:
  the magnetoresistive element according to claim 1;
  conductive lines for recording information on the magnetoresistive
  element; and
  - conductive lines for reading out the information.
- 16. A magnetic recording apparatus, comprising:
  the magnetic head according to claim 13; and
  a magnetic recording medium from which magnetic information can
  be read out by the magnetic head.
- 17. A magnetic recording apparatus, comprising:
  the magnetic head according to claim 14; and
  a magnetic recording medium from which magnetic information can
  be read out by the magnetic head.